HOMEWORK

WEEK 4

Exercise	When/where/how to practice	Done?
Recall - past a distraction	 Recall past a 'boring toy' Recall past more exciting toy Recall past a tub with treats in (closed lid) Recall from someone holding treats Recall past 'forbidden' item e.g the garden shoes/slippers they like to pick up 	
Loose lead walking –always start by bringing your dog into position using lured circle, adding more steps between rewards	 Lounge Kitchen Garden On lead on a walk for a few meters 	
Mat settle – lured down transitioning to no treat in hand, rewarding once in the down position	 While you're sat on sofa While you're sat at a table While you are reading/on computer While you are eating 	
Reducing jumping up – treat to feet game, get attention first with 'watch me', roll treat to person's feet 'say hello' cue, using recall cue or 'leave it' to come away	 Friend/extended family member they don't know stood still Friend/extended family member they don't know making fuss of them 	
	Nervous pup? Have the new person roll the treat to you pup instead of pup approaching them	
Introducing vets collar and Velcro On and off cue	 If you don't have an Elizabethan collar (available in pet shops or online), start by introducing your dog to putting their head into other safe items, like a low sided box, basket, washing basket on it's side etc. You can also fill the box with plastic bottles so your dog rummages around amongst moving items that also make a sound. On and off a low secure/safe surface such as plastic storage box lid with non slip mat on top 	
Wait – duration, introducing release cue 'ok go' and turning away on the spot so we break eye contact with our dog	 Wait for 1 sec – reward Wait 2 secs – reward Wait while you turn away in one direction, then back towards your dog and reward Wait while you turn away in the other direction, then back towards your dog and reward Wait while you do a full turn on the spot – reward Build duration gradually, doing shorter waits amongst longer ones so it isn't continually more difficult for your dog. 	
	Finish all waits with 'ok go' release cue - roll treat away from you while giving release cue. Try to get several rewards to your dog before releasing them	

